

Wasting electricity is a big turn



**GET SWITCHED ON
TO TURNING OFF:**

Lights.

Computer monitors.

Mobile phone/laptop chargers.

Any appliances.

Switch
to the
Big Turn



Wasting heat is a big turn



**GET SWITCHED ON
TO SAVING HEAT:**

Turn heat down - use a thermostat.
Use the timer on your heating system.
Dress warmly for cold weather.
Close windows to keep your heat in.

Switch  to the
Big Turn 



Wasting water is a big turn



**GET SWITCHED ON
TO SAVING WATER:**

**Take a shower instead of a bath.
Fill a sink to do your dishes.
Don't run a tap unless you need to.**

Switch
to the
Big Turn



www.sunderland.ac.uk/switchon

lifechanging



**University of
Sunderland**

Which Switch?



Switch me OFF
when not in use



ASK before you
switch me off



NEVER switch
me off

Switch
to the
Big Turn  



CAMPAIGN LOGO - BLACK



CAMPAIGN LOGO - COLOUR



CAMPAIGN STICKER

